



2019 OUTREACH EDUCATION TOPICS

To request a group presentation, please call Denise Stancill, 616.396.2972, for available dates and times. Most topics last one hour, but can be tailored to your needs. Classes are held at your location or at Hospice of Holland's administrative office. If your organization or event requires a topic not listed, we will be happy to design a presentation for you.

GENERAL

- Hospice 101 (hospice philosophy, hospice benefit, advance directives)
- Community fair / display / health event: _____

CLINICAL

- Bathing without a Battle
- Dementia vs. Delirium
- Fall Prevention
- Non-Hospice Palliative Care
- Pain & Symptom Management at End-of-Life
- Providing Care & Comfort at End-of-Life
- "Still Me" End-of-Life Care for Advanced Dementia Patients
- Palliative Care in the Facility Setting

COUNSELING

- Aging & Loss of Independence
- Good Grief: Embracing the Journey
- How Children Grieve (children/teen grief)
- Leaving a Legacy
- Making Your Wishes Known (end-of-life decision making)
- Professional Grief
- Walking with Others through Grief
- What is the Right Thing to Say? (Walking with others through terminal illness.)

SPIRITUAL CARE

- Why Am I Still Here?
- Finishing Well-The Spiritual Perspective
- Finding Your Spiritual Connection
- Strong Emotions
- Where is God When You Need Him

OTHER

- The DASH Diet: A Guide to Lifelong Healthy Eating
- Happiness is a Choice
- Healthy Pleasures
- Nutrition: Why Bother?

For more information on these topics, please call Denise Stancill at 616.396.2972, or visit our website at www.hollandhospice.org/learning.