

## Other Trained Volunteer Services Available

**Companionship** – Friendly visits to provide some special attention, a listening ear, and a comforting presence.

**Respite Care** – An opportunity for the caregiver to have a break and still be assured their loved one is safe.

**Feeding Assistance** – An option provided for individuals who still want to eat, but need some extra help.

**Light Housekeeping** – Assistance with dusting and vacuuming can help caregivers focus their time and attention on things that are more important.

**Transportation and Errands** – A helping hand with completing errands or getting to appointments.

**Haircuts** – A service which provides a sense of normalcy and pampering, offered by licensed stylists.

**Massage Therapy** – Certified massage therapists provide individuals with a full body massage or more localized attention to bring comfort and ease tension.

**Skilled Application of Lotion** – Volunteers provide soothing touch by applying lotion to hands and arms.

**Pet Therapy** – Certified pet therapy dogs can help bring a smile to any animal lover's face.

**Sounds of Comfort** – Soothing sounds of music are offered through listening to live musical performances or recordings. Music is selected to appeal to individual preferences.

**Artistic Expression** – An artistic outlet, in the form of drawing, making cards, decorating picture frames or other projects.

Individuals interested in receiving volunteer services can notify their nurse or social worker to make a request.

[www.hollandhospice.org](http://www.hollandhospice.org)

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Adding More Life to Every Day

Patient services are provided without regard to race, color, religion, age, sex, sexual orientation, handicap, height, weight or national origin.

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*Comforting Choices*



Volunteer Services

## The Role of the Volunteer

- Hospice of Holland offers a variety of volunteer services to help enhance the lives of our patients and families.
- Our volunteers all go through extensive background checks and a 18 hour training program which includes education on communication skills, psychosocial, spiritual, and physical dynamics of death and dying, understanding the bereavement process, ethics, diversity, confidentiality, and standard safety precautions all prior to meeting with patients.
- Volunteers provide services at a patient's home, at the Hospice House, or at area facilities.
- Hospice of Holland currently has over 200 trained volunteers who desire to provide extra support to our patients and their caregivers.



## Vigil and Bereavement Services

- The Volunteer Vigil Program exists to provide additional support and comfort to patients and their family members in the last days and moments of the dying process.
- The goal of this special service is to make sure that no patient has to die alone.
- Vigils can be held for up to 12 hours at a time, typically from 8pm to 8am, or as specified by the family.



- The Bereavement Volunteer Program is designed to help family members and loved ones in the weeks and months after a death.
- This service can be a great addition to the professional bereavement counseling and support groups offered by Hospice of Holland.
- A bereavement counselor can request a specially trained Hospice of Holland bereavement volunteer to have contact two to four times a month for up to 13 months after the loss.
- This contact can involve phone conversations, going out for coffee, taking walks, or anything else that can help offer support, companionship, and a listening ear.

## Life Review

Our Life Review Program uses trained volunteers to help capture a person's most significant moments in a unique and individual way. This is a wonderful way to help individuals and families reflect on their lives and memories, and to create a precious gift that can be enjoyed by future generations.

- **Journaling** – The art of capturing special memories in writing. Each journal is personalized for that individual's unique experiences.
- **Scrap booking** – The art of capturing photos and mementos to tell a story of a person's special memories. Each person is provided with a starter kit to assist them with this process.
- **Video Memories** – The art of capturing on DVD anything an individual wishes to preserve.
- **Audio Memories** – The special voice of someone you love sharing their favorite stories and thoughts on life can be a wonderful keepsake.

